

This week in history...

Have you ever seen a news broadcast or read an article that is entitled “Today in history”? Now a days, if you are on Facebook, your feed will remind you of “Memories” and give you the option to share those memories. It amazes me sometimes when they pop up. Seeing how the kids have grown or remembering a special occasion. Well, here’s a “This week in history” from 3 years ago in my life!

This week in September 2016, I was having my first chemotherapy for Hodgkin’s Lymphoma. The preparation for the process was grueling to say the least including surgery to insert a medi-port under my skin to be accessed for the infusions in addition to what felt like unending blood tests and scans. That was the beginning of 7 months of poison being pumped into my body to defeat the enemy, cancer! (And I thought the preparations were grueling? Not even!) BUT...here I am, cancer free and in remission. This week, this year, I am making preparation again. This time for a trip to Las Vegas to celebrate my daughter Angie’s 40th birthday.

During that time, as well as now, I put my faith into God and his sustenance. As a reminder of his presence this is taped to my printer shelf in front of me. It is there so that I never forget that...

“God is our refuge and strength, a very present help in trouble.” (Psalm 46:1)

You know, there were times when I couldn’t even think of the words needed to pray. Days when I was just so awash with fatigue and nausea all I wanted to do was to crawl into a hole. Did you know that when you are in such a voiceless state the Holy Spirit makes intercession for us to our Father?

Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered.. Romans 8:26 (NKJV)

During those months I learned a lot about what true faith really is. Giving complete trust to my Father in heaven. He was with me every step of the way. In recognizing that, all that happened then and since, has brought me into a greater peace.

And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. Philippians 4:7

Not that I don’t experience concern and occasional anxiety (like planning a trip to Vegas), but turning those things over to God is easier. My trust has grown in knowing that whatever it may be, God has a plan and I must trust in that.

Another scripture I have taped on my printer shelf is John 14:27 when Jesus says...

Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

Although going through chemo is not unique, as many have endured its agony, my experience has brought me an insight and understanding. My wish is to share these things in the hopes that you too may have peace without the strife.

The passages today have been used in my “Inspired Messages” before. They are my “anchors” when the storms of life try to blow me from my course. Do you have anchor verses? Do you have them posted somewhere to remind yourself of the promises that salvation brings? Salvation brings us eternal life and the assurance, through Jesus, of God’s love every day of our lives.

May you be blessed with *the peace of God, which passeth all understanding*.

In His Service,



Cindy Lee Nonnemacher
Author