

Are you a wanderer?

It's been a busy summer for me as well as a lot of other folks. School has already started and all of the kiddies will be cracking those books. From kindergarten through college, young minds that had been on vacation are being put back to work.

My mind never seems to be on vacation. Always thinking about the next thing I have to do or what I need to accomplish. Even when I try to vegetate in front of the TV, my mind wanders off, especially during commercials. While watching football the other evening (yes, I love football) I missed an important play because my mind was somewhere else. Thank goodness for instant replay!

Unfortunately, life doesn't have instant replay. While my mind is off wandering through a proverbial corn field somewhere, I am missing what is happening right here and now. Often I can't even tell you where my mind was.

This "wandering" often happens when I am praying. Has this ever happened to you? My prayers start with praises and being thankful for my blessings, then I start with prayer requests. Somewhere along the line, a random thought will pop in and the next thing I know, I am thinking about the agenda for the day or something I need to remember to pick up at the store. As soon as I realize my mind has drifted, I bring myself back to prayer. But, it is very frustrating.

Recently I borrowed a copy of "The War Room" from a friend and watched it. What an inspiring movie dedicated to the power of prayer. (If you haven't seen it, try to, it's amazing!) Satan is working hard in this movie to drive people from God, but through prayer, Satan can be defeated. When our minds wander while we pray, that is good old Lucifer trying to keep us from God. It is up to us to not allow that to happen.

But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly. Matthew 6:6

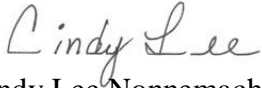
In the movie, the "war room" is set in a closet. Most of us don't have a closet to go into. But, we can set aside a quiet place to pray. The other key is in writing things down. Not simply the prayer request, but the results you want from the request. I must confess I used to do that. Then, things got busy, my routine got disrupted and I just wasn't doing it anymore. Satan saw that as an opening and ran with it. Well, guess what? My "war room" has been established, I have pulled out my prayer list book and, with the help of God, my prayer life will grow. The weeds that Satan has placed in my garden will be plucked out and God will sow His seeds of hope in their stead.

Blessed be the Lord, Because He has heard the voice of my supplications! The Lord is my strength and my shield; My heart trusted in Him, and I am helped; Therefore my heart greatly rejoices, And with my song I will praise Him. Psalm 28:6-7

At this time in my life, when it would be so easy to forget the needs of others and to focus on my own needs, I must be even more diligent in my supplications for those who are also in need..

I exhort therefore, that, first of all, supplications, prayers, intercessions, and giving of thanks, be made for all men; For kings, and for all that are in authority; that we may lead a quiet and peaceable life in all godliness and honesty. For this is good and acceptable in the sight of God our Saviour, 1 Timothy 2:1-3

Blessing to you always,



Cindy Lee Nonnemacher
Author